



Home Safety Checklist

- Floors**
- Even nonslip surfaces
 - Throw rugs avoided
 - Large area rugs anchored or have nonskid backing
 - Firm supportive shoes should be worn, not slippers
 - Corrugated or crepe shoe soles worn
 - Spills cleaned immediately
 - Avoid clutter or stacks of material on floor
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- Electricity**
- Electrical cords for appliances checked regularly for fraying
 - Electrical appliances kept away from sinks and bathtub
 - Avoid non insulated wiring
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- Telephone**
- Enlarged or lighted dials/digits
 - Phone within easy reach during day and night
 - Emergency numbers near phone:
 - Relative Neighbor
 - Police
 - Fire
 - Doctor
 - Ambulance
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- Kitchen**
- Long sleeves and loose clothing not worn while cooking
 - Easy to use microwave instead of a stove or oven
 - Fire extinguisher kept next to stove
 - Stove controls easily accessible
 - Pot handles turned to the back of stove
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- Stairs**
- Height of stairs should be uniform
 - Stairs covered with non-slip surface
 - Stairs well lit
 - Handrails present and secure
 - Highlight edge of stair
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- Lighting**
- Even, general illumination
 - Night lights in halls and bathrooms
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- Bathroom**
- Toilet extender and handrails
 - Handrails in bath/shower
 - Skid proof mat
 - Hot water heater no higher than 120 degrees
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- Fire Safety**
- Smoke detectors on each floor
 - Other exits clear
 - No smoking in bed
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